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Department
of Health


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Wyoming Office of Multicultural Health

Promoting equal opportunities for all Wyomingites

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What is Wyoming Office of Multicultural Health?

The mission of the Wyoming Office of Multicultural Health (WOMH) is to minimize health disparities among underserved populations in the state through networking, partnerships, education, collaboration, and advocacy; and to promote culturally competent programs aimed at improving health equity.




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Objectives

Learn about the health disparities in Wyoming.

Increase your awareness of health equity and the social determinants of health as the foundation for public health.






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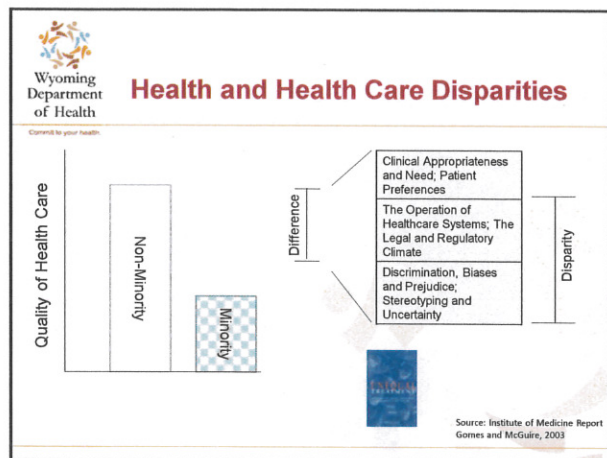
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State of Wyoming
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Racial and Ethnic Disparities in Wyoming: 2012 Report

Published by the
Public Health Division
Wendy E. Beaud
MD, MPH, MEd, FACP
State Health Officer
and Senior Administrator



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Health equity exists when...

- All people attain the highest level of health.
- There are on-going societal efforts to address inequalities, to include historical and contemporary injustices.
- Health and health care disparities are non-existent.

Source: Healthy People 2020

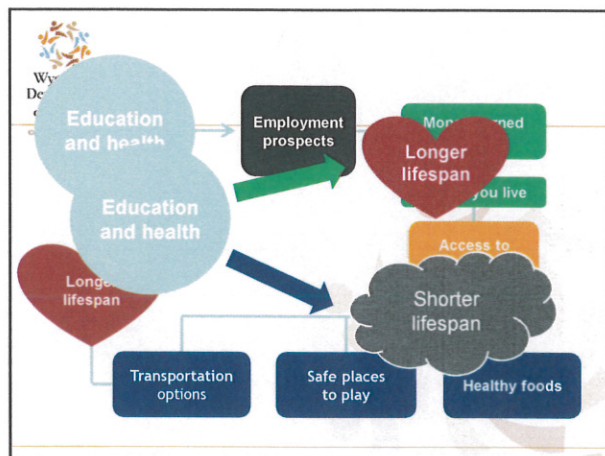
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Let's have a discussion about health and not talk about healthcare at all...

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What are some factors that influence our health?

- Smoking
- Drinking
- Stress
- Undereating healthy foods
- Overeating unhealthy foods
- Lack of physical activity
- Open space to be active
- Housing quality
- Air quality
- Access to quality affordable healthcare
- Income
- Wealth and the gap
- Community prosperity
- Education and job training
- Kids not ready to enter school
- Knowledge about health
- Friends and support
- Public safety
- Jobs and employers



Income

- Influences where you live
- Quality of schools
- Income influences health
- Wealth accumulates and gets passed on
- Can help children go to college
- Countries with larger income gaps have poorer health than countries with a more even distribution

Where you live...

Transportation

- Affordable and accessible public transportation
- Safe routes to school
- Places to walk at all ages
- Safe streets and safe traffic patterns

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Racial and ethnic discrimination...

Contributes to uneven distribution of:

- Income
- Wealth
- Education
- Neighborhood poverty
- Access to basic services
- Access to healthcare

Effects:

- Chronic stress
- Poor health independent of education or income (future generations)
- Problems at home

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Other targets of discrimination

- Gender
- Religion
- Body size
- Disabilities
- Sexual orientation
- Age
- Appearance



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Resources

Healthy People 2020
<http://www.healthypeople.gov/2020/default.aspx>

Institute of Medicine – Unequal Treatment:
<http://www.iom.edu/-/media/Files/Report%20Files/2003/Unequal-Treatment-Confronting-Racial-and-Ethnic-Disparities-in-Health-Care/Disparitieshcproviders8pgFINAL.pdf>

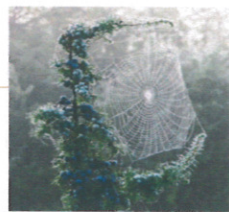
National Partnership for Action
<http://minorityhealth.hhs.gov/npa/templates/content.aspx?v=1&vId=33&ID=286>

National Standards for Culturally and Linguistically Appropriate Services (CLAS) in Health and Health Care
<https://www.thinkculturalhealth.hhs.gov/>

Racial and Ethnic Disparities in Wyoming: 2012 Report:
www.womh.org

Unnatural Causes: Is inequality making us sick?
http://www.unnaturalcauses.org/about_the_series.php

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Humankind has not woven the web of life.
We are but one thread within it.
Whatever we do to the web, we do to ourselves.
All things are bound together. All things connect.
- Chief Seattle